

COMPOST

If it is food, you can compost it.



- Meat, bones & fats
- Milk, cheese & other dairy
- Fruits, vegetables & peels
- Soups & sauces
- Dressings & condiments
- Flour, bread & pastas
- Nuts and shells
- Oils up to a half gallon
- Eggs & egg shells
- Spices
- Seafood and shells



- Paper bags
- Coffee filters, tea bags

These items cannot be composted:



- PLU stickers
- Milk & orange juice cartons
- Compostable bags, utensils, and cups
- Store bought floral products

If you have any questions, contact the NEK Waste Management District (802) 626-3532, outreach@nekwmd.org